Edinburgh Health Walk Celebration

Wed 22 Feb, 12.30pm - 3.30pm

Saughton Park, Balgreen Road, EH11 3BQ

Drop-in and join us for one (or more) health walk taster session around Edinburgh's Saughton Park.

Whether you come on your own or with friends and family, you'll get a warm welcome and the chance to warm up before or after your walk with **free hot drinks** and a **packed lunch** (to eat in or takeaway).

Buggy walk:	**1pm – 1.30pm**
Ecotherapy walk:	**1.40pm – 2.10pm**
History of Saughton Park Walk:	**2.15pm - 3pm**

Don't forget to dress for the Scottish weather!

Find out more